

Bronze Ambassador training

On Tuesday 1st October 4 Year 6 pupils (Emilie, Jonathan, Will and Martha) went to the DSSN's Bronze Ambassadors training at Hertfordshire University. The day was great; we were able to extend our knowledge on sports going on at school. We all took part in a daily mile with our special guest cheering us on.



The special guest was Linford Christie!

Linford Cicero Christie OBE is a male Jamaican-born British former sprinter. He is the only British man to have won gold medals in the 100 metres at all four major competitions open to British athletes: the Olympic Games, the World Championships, the European Championships and the Commonwealth Games. Linford told us about his experience at these competitions as well as his recent challenge of swimming the English Channel. He showed us that with determination, resilience and hard work we can all achieve anything we set our minds on. He was a really inspiring man!



Throughout the day we were able to understand what our responsibilities as a bronze ambassador or activity leader are. Also we did some athletic games to give us some ideas of what we could do at school.

To conclude, this experience was amazing and was really helpful to extend our knowledge on school sports. We just want to say thank you to DSSN, Miss Higby and Mrs Bowen for giving us this opportunity!

By Will, Jonathan, Emilie, Martha