

## E-Safety

On 15<sup>th</sup> July 2013 the Hertfordshire Anti-bullying Adviser visited Grove Road to give a talk for parents about E-Safety and helping your child stay safe on-line. Below are some notes from the talk.

Some social gaming sites are aimed at children. If your child wants to use any site, check

- Read the terms and conditions.
- Whether there are age restrictions.
- Check whether there is information for parents.
- Whether there are parental controls.
- Whether it has privacy settings.
- Whether it has location features.
- Whether it has webcam features.
- Whether there is the ability to report a concern.
- Whether there are hidden costs.

Think before u post

- Who can see this?
- Could someone misinterpret what I am saying?
- Am I showing a bad side of myself?
- Am I giving away personal information?
- Am I angry?
- Could this upset someone?
- Could this cause problems now or in the future?

Cyber-bullying:

- Talk to your child
- Offer support and reassurance
- Keep the evidence
- Do not reply to it
- Block people
- Report to the website
- Report it to CEOP / Police if it is illegal

Online Grooming: Talk to your child

- about how easy it is to lie online
- about their online friends
- about never meeting an online friend
- about how to report inappropriate contact
- about how you are there to support them
- Report inappropriate contact to CEOP

Inappropriate websites: It may be difficult, but talk to your child

- about what they might stumble across
- about the fact that pornography does not portray sex and love realistically
- about how they can talk to you if they come across something that upsets them
- about how you are there to support them
  
- Consider Parental Controls, but these alone are not a substitute for educating children.
- Children need to know they can tell a trusted adult if they come across something that upset them.
- They will not get in trouble.
- It's not their fault.
- They won't lose the ICT.

For further E-Safety information visit:

Childnet - <http://www.childnet.com> or CEOP - <http://www.thinkuknow.co.uk/>