



Dacorum Rural Children's Centre Group

Parenting Puzzle

Aimed at parents of children aged 2 to 6 years.



During the 10 week programme we will look at lots of different topics including:

- * Understanding why children behave as they do.
- * Recognising the feelings behind behaviour (ours and theirs).
- * Improving relationships and emotional well-being within families.
- * Exploring different approaches to discipline.
- * Finding ways to develop co-operation and self-discipline in our children.
- * The importance of looking after ourselves.

Venue:

Orchard Children's Centre, Silk Mill Way, Tring, HP23 5DJ

Dates:

Mondays for 10 Week course

Starts 12th September, ends 21st November 2016 (no session 24th October)

Time:

9.30am to 11.30am

Booking:

Advance booking is essential as places are limited.

Please phone 01442 824407 or 01442 863554 to book.

Crèche:

Limited crèche places are available. Please ask at time of booking.

FREE TO ATTEND