

## Preparing the pupils – Girls Egyptian Costume

### **Names**

Please ask the pupils to select a name from the list below and if possible write it on a label which can be attached to their costume.

Hathor, Hatshepsut, Henuttaneb, Hetephares, Iput, Isis, Maat, Nebetiah, Nefatura, Nefertari, Neferure, Nefet, Nekhbet, Nephthys, Satamun, Sheri, Tefnut, Teti, Tiye, Tuyu, Wadjet.

### **Costume**

It is not practical to copy the clothing style of the period exactly, mainly because it would be far too cold. For this reason we suggest warmer simple plain white cotton garments.

*Pretending to be a particular character from history or mythology is inappropriate and does not help the day in any way.*

Girls can wear a long white cotton shift, as illustrated, perhaps made from an old sheet. (If very cold please add a cloak or anything practical - being warm enough to learn is more important than looking perfectly authentic!) Sandals make suitable footwear.

### **Hair and makeup**

For a headdress, a circlet or fillet of cord or braid could be worn (high on the forehead and tied at the back).

Girls wore their hair in lots of small plaits or cut to a 'bobbed' length. Ancient Egyptians had very black hair. They also wore black eye paint along the eyelids to protect them from the sun.

We don't really recommend this - it can look authentic but it can also get very smeared during the day, and some children may be allergic or develop skin irritation.

