



27th February 2017

Building Blocks Programme A Growth Mindset



Dear Parents,

Following the success of our Building Blocks Programme in the Autumn term, we will be running our next session on **Monday 20th March**. This time we will be focusing on how to help your child to develop a 'growth mindset'.

The term 'growth mindset' refers to a way of thinking, learning and taking on challenges. A person with a growth mindset is open to constructive criticism, takes feedback and uses it, takes on new challenges, pushes themselves outside of their comfort zone and shows resilience and perseverance. Studies show that it is people with a growth mindset (as opposed to a fixed mindset) who achieve in life, are successful in all they do and are happy. Of course, this is exactly what we want for all our children.

Having been introduced to the concept of growth mindset at Grove Road last November, pupils have participated in a range of activities to learn more about it and try to display a growth mindset in school. Pupils are taught that their brain is a muscle and that new connections are formed when we try new things and practise them, over and over. Pupils have learnt about famous and influential people who have succeeded due to having a growth mindset and not giving up on their goal. We have had PSHE lessons and assemblies about growth mindset, but most importantly, teachers and pupils have embraced the language and the way of thinking that promotes using a growth mindset in all lessons.

The Building Blocks session will begin with a presentation led by Mrs Collins in the Key Stage 2 hall at 9.00am – 9.30am, followed by an opportunity to work alongside your child in class developing a growth mindset together until 10.15am.

If you are interested in joining us for this exciting Building Blocks, please complete the attached form and return it to your child's class teacher by Monday 13th March.

Best wishes,

Katie Collins & Louise Bowen

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Building Blocks Programme – please return to by Monday 13th March.

Child's Name: _____

Child's teacher: _____

I can attend the growth mindset session on Monday 20th March.

Please tick