



Grove Road Primary School

Growing and Achieving Together
Community Respect Self-Belief Ambition

Newsletter 4

November 2015

The nights are closing in and the weather is turning colder and wetter! Please remind the children that they need coats and waterproof outdoor shoes. No coat, no playtime!!



Caretaker Needed

Do you know anyone looking for some part-time employment, with good DIY and maintenance skills? We have a vacancy for 10-15 hours per week for someone able to undertake basic repair and maintenance work. If you know anyone you think might be suitable, please ask them to contact the school office for more information.



E-Safety

On-line safety is the child protection challenge of the 21st century

We take safeguarding and on-line safety very seriously and we want to work with you to keep your children safe. Please be aware that if we have any concerns about children accessing inappropriate computer games or social media sites, we will contact you to discuss and log our concerns.

There is now an extensive range of resources on the school website to help you keep your children safe on-line.

In addition we have organised two workshops to help you navigate the digital world with your child and explore their on-line behaviours and attitudes.

Given that 30% of 0-4 year olds now have their own devices and on-line time is eclipsing TV viewing for children (Childwise 2015) these workshops are a must for every parent.

On Wednesday 9th March 2016 at 2pm Richard Maskrey (Hertfordshire E-Safety Adviser) will be running a session for parents to provide information on the most current issues linked to keeping your children safe on-line whilst still enabling them to enjoy the benefits of the most amazing technology available to us in the 21st Century.

On Thursday 9th June 2016 at 6pm-7:45pm, Julia Bateson from an organisation called "Excited" will be leading a session for parents and pupils together. Julia takes a parent centred approach to help you and your children bridge the digital generation gap. A must attend event — put it in your diaries now!

- 20/11 KS2 Disco
- 24/11 2LB assembly to parents
- 24/11 Y6 Workshading evening at Tring School
- 27/11 Occasional Day
- 1/12 2FM assembly
- 3/12 Music Recital
- 5/12 Christmas Fair
- 8/12 Carol Service
- 8/12 1CL assembly
- 9/12 Early Years' Nativity
- 10/12 Early Years' Nativity
- 16/12 Christmas Party day
- 17/12 Christmas Lunch
- 17/12 1GM assembly
- 18/12 Term finishes 1:30pm

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Christmas Plans

I am told Christmas is only 21 school get ups away! Plans are taking shape so we wanted to let you know that...

- The Christmas Fair takes place on Saturday 5th December. Please bring friends and family to support this festive fundraiser.
- Family Christmas Carols at St Peter & St Pauls on Tuesday 8th December at 6pm.
- Nursery & Reception Nativity performances on Wednesday 9th and Thursday 10th December.
- Christmas parties will take place on Wednesday 16th December (non uniform day for all children).
- Christmas Lunch on Thursday 17th December with House Forum hat making in the morning. If you have any Christmas craft bits at home, please send them in for the hat making workshops. If your child has a packed lunch, you are welcome to send them in with some Christmas themed nibbles.

We would like to ask for a donation of £1.00 from each child towards the cost of party food and Christmas crackers



Roseanna, age 10



Don't be a Road Monster

Be considerate and patient with other road users. Stay calm and concentrate and try and avoid distractions when driving.



Don't be a Parking Monster

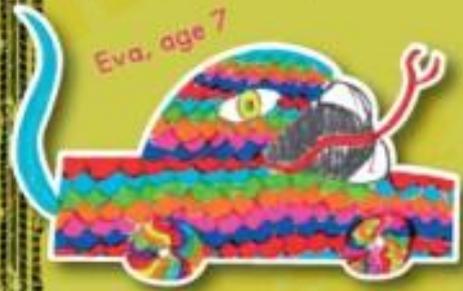
Remember you must not park on School Keep Clear zigzag markings or anywhere that obstructs driveways, junctions or footpaths.



Max, age 9

Don't be a Highway Code Monster

Near schools. Drive slowly and be particularly aware of young cyclists and pedestrians. In some places there may be a flashing amber signal below the 'School' warning sign which tells you there may be children crossing the road ahead. Drive very slowly until you are clear of the area.



Eva, age 7

Do be a Road Angel

Help us to keep our children safe by driving and parking considerately on the roads around our schools.

We are not the only school in Hertfordshire struggling to ensure safe parking at the start and end of the day.

Hertfordshire have produced this useful reminder from the children in Herts asking you all to stay safe on the roads and we thought you might like to see it. If any of the children want to produce their Road Monster reminder posters we would love to see them.



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Healthy Starts

Mornings can be busy, but a good breakfast is essential to keep your child feeling alert and energised until lunchtime. What they eat or don't eat affects their focus, their mood and their wellbeing. After going 10-12 hours overnight without food, energy reserves are low and your body and brain needs fuel. Whilst a packet of crisps may be a quick and convenient option it's not a healthy substitute for a good breakfast.

Eating a healthy breakfast can boost feelings of wellbeing and improve moods in the morning. Children who eat a healthy breakfast concentrate better in lessons, perform better in maths, are more likely to remember what they've learned and have better problem-solving skills than those who skip breakfast.

Here are some quick and tasty breakfast ideas to take the stress out of those hectic mornings....

- Porridge with a little sugar and milk and add in some blueberries (or try currants or dried apricots)
- Cheese on toast made with wholemeal or granary bread with some apple slices
- Cereal topped with milk with a few raspberries thrown in (or any chopped or dried fruit)
- A slice of bread or toast with butter and honey or jam topped with sliced banana
- A boiled egg with a slice of wholemeal bread or marmite soldiers and a piece of fruit
- A slice of granary toast plus a yoghurt or a fruit smoothie
- A pancake filled with fromage frais and sliced strawberries or banana
- Yoghurt topped with fresh and dried fruit and a sprinkle of oats or muesli
- Homemade wholemeal muffin with a fruit smoothie

For a calcium boost, use whole milk to make a fruit smoothie or a warming mug of hot chocolate during the winter.

The Giving Machine

Don't forget you can do your on-line Christmas shopping at hundreds of outlets via the Giving Machine and trigger automatic donations to school funds at no cost to you.

www.thegivingmachine.co.uk



Tring Summer School

Whilst it may seem like a long way off, Tring School have asked us to let you know that they will be running their Y6/7 transition summer school in the week beginning Monday 8th August 2016. Some children missed out last year because they were on family holidays. Tring are hoping that by giving you this advanced notice more children transferring to Y7 will be able to attend.

The feedback from those attending last summer was very positive. The £250 cost is fully funded by Tring School and so will cost you nothing. The workshops are open to children transferring to Tring in 2016, particularly those children who are worried about the move or struggling to meet age related



2015/16 TERM DATES

Friday 18th December-Term finishes @ 1:30pm
Tuesday 5th January-Term begins
Friday 12th February-School Closed INSET
Monday 15th February-Half Term
Friday 25th March-Bank Holiday
Monday 28th March-Bank Holiday
Friday 1st April-Term finishes@1:30pm
Monday 18th April-Term begins
Monday 2nd May-Bank Holiday
Friday 27th May-School Closed INSET
Monday 30th May-Half Term
Friday 22nd July-Term finishes @1:30pm

The school year consists of 195 days, of which 5 are training days (INSET) when the school is closed to the children. Term dates for future years are available on the Herts Grid at:

www.hertsdirect.org/services/edlearn/schlfe/termdates

Don't forget that a full set of dates, policies and school information are available on our website.

www.groveroad.herts.sch.uk

You can also follow us on Facebook to get regular updates and last minute information sent to you. Just click the link on our website.



Like us on
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